

# Breakfast Palmetto Preschool-2023-November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25	30 Biscuit Fruit Milk	31 Cereal Fruit Milk	1 French Toast Sticks Fruit Milk	2 English Muffin Fruit Milk	3 Bagel Fruit Milk	4
5	6 Toast Fruit Milk	7 Cereal Fruit Milk	8 Waffles Sticks Fruit Milk	9 Cereal Bar Fruit Milk	10 Blueberry Muffin Fruit Milk	11
12	13 English Muffin Fruit Milk	14 Cereal Fruit Milk	15 Pancakes Fruit Milk	16 Toast Fruit Milk	17 Cereal Bar Fruit Milk	18
19	20 Biscuit Fruit Milk	21 Cereal Fruit Milk	<b>22 CLOSED</b>	<b>23 CLOSED</b>	<b>24 CLOSED</b>	25
26	27 Toast Fruit Milk	28 Cereal Fruit Milk	29 Waffles Sticks Fruit Milk	30 Cereal Bar Fruit Milk	1 Blueberry Muffin Fruit Milk	2

- Each meal and snacks as planned on this menu meets the nutritional requirements according to the USDA Child Care Food Program Guide Lines.
- Menu subject to availability
- Only skim or 1% milk is served to children that are 2 and above.
- Sugar sweetened beverages shall not be served.

# Lunch Palmetto Preschool-2023-November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
5	30 Beef Ravioli Mixed Veggies Mandarin Oranges Milk	31 Chicken Nuggets French Fries Peas Milk	1 Mac – n- cheese Carrots w/Ranch Peaches Milk	2 Beef Tacos Corn Applesauce Milk	3 Fish Sticks Green Beans Pineapple Milk	4
	6 Turkey & Cheese Wrap Cooked Carrots Pineapple Milk	7 Chicken Sandwich Lima Beans Mixed Fruit Milk	8 Macaroni and Beef Green Beans Mandarin Oranges  Milk	9 Chicken Quesadilla Corn Pears Milk	10 Pizza Mixed Veggies Applesauce Milk	11
12	13 Corn Dog Nuggets Green Beans Peaches Milk	14 Grilled Cheese Mixed Veggies Applesauce Milk	15 Spaghetti Corn Pears Milk	16 Cheeseburger Tater Tots Cucumbers w/ Ranch Milk	17 Pizza Bagels Mixed Veggies Applesauce Milk	18
19	20 Beef Ravioli Mixed Veggies Mandarin Oranges Milk	21 Chicken Nuggets French Fries Peas Milk	22  CLOSED	23  CLOSED	24  CLOSED	25
26	27 Turkey & Cheese Wrap Cooked Carrots Pineapple Milk	28 Chicken Sandwich Lima Beans Mixed Fruit Milk	29 Macaroni and Beef Green Beans Mandarin Oranges  Milk	30 Chicken Quesadilla Corn Pears Milk	1 Pizza Mixed Veggies Applesauce Milk	

- Each meal and snack as planned on this menu meets the component requirements according to the USDA Child Care Food Program Guide Lines.
- Menu subject to availability
- Only unflavored whole milk is served to children under 2 years old; Only unflavored skim or 1% milk is served to children that are 2 years old and above.
- Sugar sweetened beverages shall not be served.
- Sweet foods are served no more than two times per week.

# Snack Palmetto Preschool-2023-November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30 Cucumbers Cheese Stick	31 Pretzels Cheese Cubes	1 Carrots w/ Ranch Crackers	2 Cheese Stick Fruit	3 Goldfish Fruit	4
5	6 Cheerios Yogurt	7 Crackers Cheese	8 Animal Crackers Fruit	9 Goldfish Fruit	10 Pretzels Cheese Cubes	11
12	13 Cereal Bar Yogurt	14 Cheese Stick Fruit	15 Graham Crackers Fruit	16 Vanilla Wafers Pudding	17 Crackers Cheese	18
19	20 Cucumbers Cheese Stick	21 Pretzels Cheese Cubes	<b>22 CLOSED</b>	<b>23 CLOSED</b>	<b>24 CLOSED</b>	25
26	27 Cheerios Yogurt	28 Crackers Cheese	29 Animal Crackers Fruit	30 Goldfish Fruit	1 Pretzels Cheese Cubes	2

- Each meal and snacks as planned on this menu meets the nutritional requirements according to the USDA Child Care Food Program Guide Lines.
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- Sugar sweetened beverages shall not be served.

# Breakfast Palmetto Preschool-2023-December

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27 Toast Fruit Milk	28 Cereal Fruit Milk	29 Waffles Sticks Fruit Milk	30 Cereal Bar Fruit Milk	1 Blueberry Muffin Fruit Milk	2
3	4 English Muffin Fruit Milk	5 Cereal Fruit Milk	6 Pancakes Fruit Milk	7 Toast Fruit Milk	8 Cereal Bar Fruit Milk	9
10	11 Biscuit Fruit Milk	12 Cereal Fruit Milk	13 French Toast Sticks Fruit Milk	14 English Muffin Fruit Milk	15 Bagel Fruit Milk	16
17	18 Toast Fruit Milk	19 Cereal Fruit Milk	20 Waffles Sticks Fruit Milk	21 Cereal Bar Fruit Milk	22 Blueberry Muffin Fruit Milk	23
24	<b>25 CLOSED</b>	<b>26 CLOSED</b>	<b>27 CLOSED</b>	<b>28 CLOSED</b>	<b>29 CLOSED</b>	30
31						

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# Lunch Palmetto Preschool-2023-November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
5	30 Beef Ravioli Mixed Veggies Mandarin Oranges Milk	31 Chicken Nuggets French Fries Peas Milk	1 Mac – n- cheese Carrots w/Ranch Peaches Milk	2 Beef Tacos Corn Applesauce Milk	3 Fish Sticks Green Beans Pineapple Milk	4
	6 Turkey & Cheese Wrap Cooked Carrots Pineapple Milk	7 Chicken Sandwich Lima Beans Mixed Fruit Milk	8 Macaroni and Beef Green Beans Mandarin Oranges  Milk	9 Chicken Quesadilla Corn Pears Milk	10 Pizza Mixed Veggies Applesauce Milk	11
12	13 Corn Dog Nuggets Green Beans Peaches Milk	14 Grilled Cheese Mixed Veggies Applesauce Milk	15 Spaghetti Corn Pears Milk	16 Cheeseburger Tater Tots Cucumbers w/ Ranch Milk	17 Pizza Bagels Mixed Veggies Applesauce Milk	18
19	20 Beef Ravioli Mixed Veggies Mandarin Oranges Milk	21 Chicken Nuggets French Fries Peas Milk	22  CLOSED	23  CLOSED	24  CLOSED	25
26	27 Turkey & Cheese Wrap Cooked Carrots Pineapple Milk	28 Chicken Sandwich Lima Beans Mixed Fruit Milk	29 Macaroni and Beef Green Beans Mandarin Oranges  Milk	30 Chicken Quesadilla Corn Pears Milk	1 Pizza Mixed Veggies Applesauce Milk	

- Each meal and snack as planned on this menu meets the component requirements according to the USDA Child Care Food Program Guide Lines.
- Menu subject to availability
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- Sugar sweetened beverages shall not be served.
- Sweet foods are served no more than two times per week.

# Snack Palmetto Preschool-2023-December

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27 Cheerios Yogurt	28 Crackers Cheese	29 Animal Crackers Fruit	30 Goldfish Fruit	1 Pretzels Cheese Cubes	2
3	4 Cereal Bar Yogurt	5 Cheese Stick Fruit	6 Graham Crackers Fruit	7 Vanilla Wafers Pudding	8 Crackers Cheese	9
10	11 Cucumbers Cheese Stick	12 Pretzels Cheese Cubes	13 Carrots w/ Ranch Crackers	14 Cheese Stick Fruit	15 Goldfish Fruit	16
17	18 Cheerios Yogurt	19 Crackers Cheese	20 Animal Crackers Fruit	21 Goldfish Fruit	22 Pretzels Cheese Cubes	23
24	<b>25 CLOSED</b>	<b>26 CLOSED</b>	<b>27 CLOSED</b>	<b>28 CLOSED</b>	<b>29 CLOSED</b>	30

- Each meal and snacks as planned on this menu meets the nutritional requirements according to the USDA Child Care Food Program Guide Lines.
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- Sugar sweetened beverages shall not be served.

# Breakfast Palmetto Preschool-2024-January

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1 CLOSED	2 Cereal Fruit Milk	3 French Toast Sticks Fruit Milk	4 English Muffin Fruit Milk	5 Bagel Fruit Milk	6
7	8 Toast Fruit Milk	9 Cereal Fruit Milk	10 Waffles Sticks Fruit Milk	11 Cereal Bar Fruit Milk	12 Blueberry Muffin Fruit Milk	13
14	15 English Muffin Fruit Milk	16 Cereal Fruit Milk	17 Pancakes Fruit Milk	18 Toast Fruit Milk	19 Cereal Bar Fruit Milk	20
21	22 Biscuit Fruit Milk	23 Cereal Fruit Milk	24 French Toast Sticks Fruit Milk	25 English Muffin Fruit Milk	26 Bagel Fruit Milk	27
28	29 Toast Fruit Milk	30 Cereal Fruit Milk	31 Waffles Sticks Fruit Milk	1 Cereal Bar Fruit Milk	2 Blueberry Muffin Fruit Milk	3

- Each meal and snacks as planned on this menu meets the nutritional requirements according to the USDA Child Care Food Program Guide Lines.
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# Lunch Palmetto Preschool-2024-January

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1 <b>CLOSED</b>	2 Grilled Cheese Mixed Veggies Applesauce Milk	3 Spaghetti Corn Pears Milk	4 Cheeseburger Tater Tots Cucumbers w/ Ranch Milk	5 Pizza Bagels Mixed Veggies Applesauce Milk	6
7	8 Beef Ravioli Mixed Veggies Mandarin Oranges Milk	9 Chicken Nuggets French Fries Peas Milk	10 Mac – n- cheese Carrots w/Ranch Peaches Milk	11 Beef Tacos Corn Applesauce Milk	12 Fish Sticks Green Beans Pineapple Milk	13
14	15 Turkey & Cheese Wrap Cooked Carrots Pineapple Milk	16 Chicken Sandwich Lima Beans Mixed Fruit Milk	17 Macaroni and Beef Green Beans Mandarin Oranges  Milk	18 Chicken Quesadilla Corn Pears Milk	19 Pizza Mixed Veggies Applesauce Milk	20
21	22 Corn Dog Nuggets Green Beans Peaches Milk	23 Grilled Cheese Mixed Veggies Applesauce Milk	24 Spaghetti Corn Pears Milk	25 Cheeseburger Tater Tots Cucumbers w/ Ranch Milk	26 Pizza Bagels Mixed Veggies Applesauce Milk	27
28	29 Beef Ravioli Mixed Veggies Mandarin Oranges Milk	30 Chicken Nuggets French Fries Peas Milk	31 Mac – n- cheese Carrots w/Ranch Peaches Milk	1 Beef Tacos Corn Applesauce Milk	2 Fish Sticks Green Beans Pineapple Milk	

- Each meal and snack as planned on this menu meets the component requirements according to the USDA Child Care Food Program Guide Lines.
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- Sweet foods are served no more than two times per week.



# Snack Palmetto Preschool-2024-January

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1 <b>CLOSED</b>	2 Cheese Stick Fruit	3 Graham Crackers Fruit	4 Vanilla Wafers Pudding	5 Crackers Cheese	6
7	8 Cucumbers Cheese Stick	9 Pretzels Cheese Cubes	10 Carrots w/ Ranch Crackers	11 Cheese Stick Fruit	12 Goldfish Fruit	13
14	15 Cheerios Yogurt	16 Crackers Cheese	17 Animal Crackers Fruit	18 Goldfish Fruit	19 Pretzels Cheese Cubes	20
21	22 Cereal Bar Yogurt	23 Cheese Stick Fruit	24 Graham Crackers Fruit	25 Vanilla Wafers Pudding	26 Crackers Cheese	27
28	29 Cucumbers Cheese Stick	30 Pretzels Cheese Cubes	31 Carrots w/ Ranch Crackers	1 Cheese Stick Fruit	2 Goldfish Fruit	3

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# Breakfast Palmetto Preschool-2024-February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29 Toast Fruit Milk	30 Cereal Fruit Milk	31 Waffles Sticks Fruit Milk	1 Cereal Bar Fruit Milk	2 Blueberry Muffin Fruit Milk	3
4	5 English Muffin Fruit Milk	6 Cereal Fruit Milk	7 Pancakes Fruit Milk	8 Toast Fruit Milk	9 Cereal Bar Fruit Milk	10
11	12 Biscuit Fruit Milk	13 Cereal Fruit Milk	14 French Toast Sticks Fruit Milk	15 English Muffin Fruit Milk	16 Bagel Fruit Milk	17
18	19 Toast Fruit Milk	20 Cereal Fruit Milk	21 Waffles Sticks Fruit Milk	22 Cereal Bar Fruit Milk	23 Blueberry Muffin Fruit Milk	24
25	26 English Muffin Fruit Milk	27 Cereal Fruit Milk	28 Pancakes Fruit Milk	29 Toast Fruit Milk	1 Cereal Bar Fruit Milk	2

- Each meal and snacks as planned on this menu meets the nutritional requirements according to the USDA Child Care Food Program Guide Lines.
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- Only skim or 1% milk is served to children that are 2 and above.
- Sugar sweetened beverages shall not be served.

# Lunch Palmetto Preschool-2024-February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29 Beef Ravioli Mixed Veggies Mandarin Oranges Milk	30 Chicken Nuggets French Fries Peas Milk	31 Mac – n- cheese Carrots w/Ranch Peaches Milk	1 Beef Tacos Corn Applesauce Milk	2 Fish Sticks Green Beans Pineapple Milk	3
4	5 Turkey & Cheese Wrap Cooked Carrots Pineapple Milk	6 Chicken Sandwich Lima Beans Mixed Fruit Milk	7 Macaroni and Beef Green Beans Mandarin Oranges  Milk	8 Chicken Quesadilla Corn Pears Milk	9 Pizza Mixed Veggies Applesauce Milk	10
11	12 Corn Dog Nuggets Green Beans Peaches Milk	13 Grilled Cheese Mixed Veggies Applesauce Milk	14 Spaghetti Corn Pears Milk	15 Cheeseburger Tater Tots Cucumbers w/ Ranch Milk	16 Pizza Bagels Mixed Veggies Applesauce Milk	17
18	19 <b>CLOSED</b>	20 Chicken Nuggets French Fries Peas Milk	21 Mac – n- cheese Carrots w/Ranch Peaches Milk	22 Beef Tacos Corn Applesauce Milk	23 Fish Sticks Green Beans Pineapple Milk	24
25	26 Turkey & Cheese Wrap Cooked Carrots Pineapple Milk	27 Chicken Sandwich Lima Beans Mixed Fruit Milk	28 Macaroni and Beef Green Beans Mandarin Oranges  Milk	29 Chicken Quesadilla Corn Pears Milk	1 Pizza Mixed Veggies Applesauce Milk	2

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- Sweet foods are served no more than two times per week.

# Snack Palmetto Preschool-2024-February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29 Cucumbers Cheese Stick	30 Pretzels Cheese Cubes	31 Carrots w/ Ranch Crackers	1 Cheese Stick Fruit	2 Goldfish Fruit	3
4	5 Cheerios Yogurt	6 Crackers Cheese	7 Animal Crackers Fruit	8 Goldfish Fruit	9 Pretzels Cheese Cubes	10
11	12 Cereal Bar Yogurt	13 Cheese Stick Fruit	14 Graham Crackers Fruit	15 Vanilla Wafers Pudding	16 Crackers Cheese	17
18	19 Cucumbers Cheese Stick	20 Pretzels Cheese Cubes	21 Carrots w/ Ranch Crackers	22 Cheese Stick Fruit	23 Goldfish Fruit	24
25	26 Cheerios Yogurt	27 Crackers Cheese	28 Animal Crackers Fruit	29 Goldfish Fruit	1 Pretzels Cheese Cubes	2

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# Breakfast Palmetto Preschool-2024-March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25	26 English Muffin Fruit Milk	27 Cereal Fruit Milk	28 Pancakes Fruit Milk	29 Toast Fruit Milk	1 Cereal Bar Fruit Milk	2
3	4 Biscuit Fruit Milk	5 Cereal Fruit Milk	6 French Toast Sticks Fruit Milk	7 English Muffin Fruit Milk	8 Bagel Fruit Milk	9
10	11 Toast Fruit Milk	12 Cereal Fruit Milk	13 Waffles Sticks Fruit Milk	14 Cereal Bar Fruit Milk	15 Blueberry Muffin Fruit Milk	16
17	18 English Muffin Fruit Milk	19 Cereal Fruit Milk	20 Pancakes Fruit Milk	21 Toast Fruit Milk	22 Cereal Bar Fruit Milk	23
24	25 Biscuit Fruit Milk	26 Cereal Fruit Milk	27 French Toast Sticks Fruit Milk	28 English Muffin Fruit Milk	<b>29 CLOSED</b>	30
31						

- Each meal and snacks as planned on this menu meets the nutritional requirements according to the USDA Child Care Food Program Guide Lines.
- Menu subject to availability
- Only skim or 1% milk is served to children that are 2 and above.
- Sugar sweetened beverages shall not be served.

# Lunch Palmetto Preschool-2024-March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Pizza Mixed Veggies Applesauce Milk	2
3	4 Corn Dog Nuggets Green Beans Peaches Milk	5 Grilled Cheese Mixed Veggies Applesauce Milk	6 Spaghetti Corn Pears Milk	7 Cheeseburger Tater Tots Cucumbers w/ Ranch Milk	8 Pizza Bagels Mixed Veggies Applesauce Milk	9
10	11 Beef Ravioli Mixed Veggies Mandarin Oranges Milk	12 Chicken Nuggets French Fries Peas Milk	13 Mac – n- cheese Carrots w/Ranch Peaches Milk	14 Beef Tacos Corn Applesauce Milk	15 Fish Sticks Green Beans Pineapple Milk	16
17	18 Turkey & Cheese Wrap Cooked Carrots Pineapple Milk	19 Chicken Sandwich Lima Beans Mixed Fruit Milk	20 Macaroni and Beef Green Beans Mandarin Oranges Milk	21 Chicken Quesadilla Corn Pears Milk	22 Pizza Mixed Veggies Applesauce Milk	23
24	25 Corn Dog Nuggets Green Beans Peaches Milk	26 Grilled Cheese Mixed Veggies Applesauce Milk	27 Spaghetti Corn Pears Milk	28 Cheeseburger Tater Tots Cucumbers w/ Ranch Milk	29 <b>CLOSED</b>	30

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- Sugar sweetened beverages shall not be served.
- Sweet foods are served no more than two times per week.

# Snack Palmetto Preschool-2024-March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27 Cheerios Yogurt	28 Crackers Cheese	29 Animal Crackers Fruit	30 Goldfish Fruit	1 Pretzels Cheese Cubes	2
3	4 Cereal Bar Yogurt	5 Cheese Stick Fruit	6 Graham Crackers Fruit	7 Vanilla Wafers Pudding	8 Crackers Cheese	9
10	11 Cucumbers Cheese Stick	12 Pretzels Cheese Cubes	13 Carrots w/ Ranch Crackers	14 Cheese Stick Fruit	15 Goldfish Fruit	16
17	18 Cheerios Yogurt	19 Crackers Cheese	20 Animal Crackers Fruit	21 Goldfish Fruit	22 Pretzels Cheese Cubes	23
24	25 Cereal Bar Yogurt	26 Cheese Stick Fruit	27 Graham Crackers Fruit	28 Vanilla Wafers Pudding	<b>29 CLOSED</b>	30

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- Sugar sweetened beverages shall not be served.

# Breakfast Palmetto Preschool-2024-April

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1 Toast Fruit Milk	2 Cereal Fruit Milk	3 Waffles Sticks Fruit Milk	4 Cereal Bar Fruit Milk	5 Blueberry Muffin Fruit Milk	6
7	8 English Muffin Fruit Milk	9 Cereal Fruit Milk	10 Pancakes Fruit Milk	11 Toast Fruit Milk	12 Cereal Bar Fruit Milk	13
14	15 Biscuit Fruit Milk	16 Cereal Fruit Milk	17 French Toast Sticks Fruit Milk	18 English Muffin Fruit Milk	19 Bagel Fruit Milk	20
21	22 Toast Fruit Milk	23 Cereal Fruit Milk	24 Waffles Sticks Fruit Milk	25 Cereal Bar Fruit Milk	26 Blueberry Muffin Fruit Milk	27
28	29 English Muffin Fruit Milk	30 Cereal Fruit Milk	1 Pancakes Fruit Milk	2 Toast Fruit Milk	3 Cereal Bar Fruit Milk	4

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- Menu subject to availability
- Only skim or 1% milk is served to children that are 2 and above.
- Sugar sweetened beverages shall not be served.



# Lunch Palmetto Preschool-2024-April

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Beef Ravioli Mixed Veggies Mandarin Oranges Milk	2 Chicken Nuggets French Fries Peas Milk	3 Mac – n- cheese Carrots w/Ranch Peaches Milk	4 Beef Tacos Corn Applesauce Milk	5 Fish Sticks Green Beans Pineapple Milk	6
7	8 Turkey & Cheese Wrap Cooked Carrots Pineapple Milk	9 Chicken Sandwich Lima Beans Mixed Fruit Milk	10 Macaroni and Beef Green Beans Mandarin Oranges Milk	11 Chicken Quesadilla Corn Pears Milk	12 Pizza Mixed Veggies Applesauce Milk	13
14	15 Corn Dog Nuggets Green Beans Peaches Milk	16 Grilled Cheese Mixed Veggies Applesauce Milk	17 Spaghetti Corn Pears Milk	18 Cheeseburger Tater Tots Cucumbers w/ Ranch Milk	19 Pizza Bagels Mixed Veggies Applesauce Milk	20
21	22 Beef Ravioli Mixed Veggies Mandarin Oranges Milk	23 Chicken Nuggets French Fries Peas Milk	24 Mac – n- cheese Carrots w/Ranch Peaches Milk	25 Beef Tacos Corn Applesauce Milk	26 Fish Sticks Green Beans Pineapple Milk	27
28	29 Turkey & Cheese Wrap Cooked Carrots Pineapple Milk	30 Chicken Sandwich Lima Beans Mixed Fruit Milk	1 Macaroni and Beef Green Beans Mandarin Oranges Milk	2 Chicken Quesadilla Corn Pears Milk	3 Pizza Mixed Veggies Applesauce Milk	4

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- Sugar sweetened beverages shall not be served.
- Sweet foods are served no more than two times per week.

# Snack Palmetto Preschool-2024-April

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1 Cucumbers Cheese Stick	2 Pretzels Cheese Cubes	3 Carrots w/ Ranch Crackers	4 Cheese Stick Fruit	5 Goldfish Fruit	6
7	8 Cheerios Yogurt	9 Crackers Cheese	10 Animal Crackers Fruit	11 Goldfish Fruit	12 Pretzels Cheese Cubes	13
14	15 Cereal Bar Yogurt	16 Cheese Stick Fruit	17 Graham Crackers Fruit	18 Vanilla Wafers Pudding	19 Crackers Cheese	20
21	22 Cucumbers Cheese Stick	23 Pretzels Cheese Cubes	24 Carrots w/ Ranch Crackers	25 Cheese Stick Fruit	26 Goldfish Fruit	27
28	29 Cheerios Yogurt	30 Crackers Cheese	1 Animal Crackers Fruit	2 Goldfish Fruit	3 Pretzels Cheese Cubes	4

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- Menu subject to availability
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- Sugar sweetened beverages shall not be served.

# Breakfast Palmetto Preschool-2023-May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29 English Muffin Fruit Milk	30 Cereal Fruit Milk	1 Pancakes Fruit Milk	2 Toast Fruit Milk	3 Cereal Bar Fruit Milk	4
5	6 Biscuit Fruit Milk	7 Cereal Fruit Milk	8 French Toast Sticks Fruit Milk	9 English Muffin Fruit Milk	10 Bagel Fruit Milk	11
12	13 Toast Fruit Milk	14 Cereal Fruit Milk	15 Waffles Sticks Fruit Milk	16 Cereal Bar Fruit Milk	17 Blueberry Muffin Fruit Milk	18
19	20 English Muffin Fruit Milk	21 Cereal Fruit Milk	22 Pancakes Fruit Milk	23 Toast Fruit Milk	24 Cereal Bar Fruit Milk	25
26	<b>27 CLOSED</b>	28 Cereal Fruit Milk	29 French Toast Sticks Fruit Milk	30 English Muffin Fruit Milk	31 Bagel Fruit Milk	

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- Menu subject to availability
- Only skim or 1% milk is served to children that are 2 and above.
- Sugar sweetened beverages shall not be served.

# Lunch Palmetto Preschool-2024-May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	29 Corn Dog Nuggets Green Beans Peaches Milk	30 Grilled Cheese Mixed Veggies Applesauce Milk	1 Spaghetti Corn Pears Milk	2 Cheeseburger Tater Tots Cucumbers w/ Ranch Milk	3 Pizza Bagels Mixed Veggies Applesauce Milk	4
5	6 Beef Ravioli Mixed Veggies Mandarin Oranges Milk	7 Chicken Nuggets French Fries Peas Milk	8 Mac – n- cheese Carrots w/Ranch Peaches Milk	9 Beef Tacos Corn Applesauce Milk	10 Fish Sticks Green Beans Pineapple Milk	11
12	13 Turkey & Cheese Wrap Cooked Carrots Pineapple Milk	14 Chicken Sandwich Lima Beans Mixed Fruit Milk	15 Macaroni and Beef Green Beans Mandarin Oranges Milk	16 Chicken Quesadilla Corn Pears Milk	17 Pizza Mixed Veggies Applesauce Milk	18
19	20 Corn Dog Nuggets Green Beans Peaches Milk	21 Grilled Cheese Mixed Veggies Applesauce Milk	22 Spaghetti Corn Pears Milk	23 Cheeseburger Tater Tots Cucumbers w/ Ranch Milk	24 Pizza Bagels Mixed Veggies Applesauce Milk	25
26	27 <b>CLOSED</b>	28 Chicken Nuggets French Fries Peas Milk	29 Mac – n- cheese Carrots w/Ranch Peaches Milk	30 Beef Tacos Corn Applesauce Milk	31 Fish Sticks Green Beans Pineapple Milk	

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- Sugar sweetened beverages shall not be served.
- Sweet foods are served no more than two times per week.

# Snack Palmetto Preschool-2024-May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29 Cheerios Yogurt	30 Crackers Cheese	1 Animal Crackers Fruit	2 Goldfish Fruit	3 Pretzels Cheese Cubes	4
5	6 Cereal Bar Yogurt	7 Cheese Stick Fruit	8 Graham Crackers Fruit	9 Vanilla Wafers Pudding	10 Crackers Cheese	11
12	13 Cucumbers Cheese Stick	14 Pretzels Cheese Cubes	15 Carrots w/ Ranch Crackers	16 Cheese Stick Fruit	17 Goldfish Fruit	18
19	20 Cheerios Yogurt	21 Crackers Cheese	22 Animal Crackers Fruit	23 Goldfish Fruit	24 Pretzels Cheese Cubes	25
26	<b>27 CLOSED</b>	28 Cheese Stick Fruit	29 Graham Crackers Fruit	30 Vanilla Wafers Pudding	31 Crackers Cheese	32

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- Sugar sweetened beverages shall not be served.

# Breakfast Palmetto Preschool-2024-June

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Toast Fruit Milk	4 Cereal Fruit Milk	5 Waffles Sticks Fruit Milk	6 Cereal Bar Fruit Milk	7 Blueberry Muffin Fruit Milk	8
9	10 English Muffin Fruit Milk	11 Cereal Fruit Milk	12 Pancakes Fruit Milk	13 Toast Fruit Milk	14 Cereal Bar Fruit Milk	15
16	17 Biscuit Fruit Milk	18 Cereal Fruit Milk	<b>19 CLOSED</b>	20 English Muffin Fruit Milk	21 Bagel Fruit Milk	22
23	24 Toast Fruit Milk	25 Cereal Fruit Milk	26 Waffles Sticks Fruit Milk	27 Cereal Bar Fruit Milk	28 Blueberry Muffin Fruit Milk	29
30						

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- Menu subject to availability
- Only skim or 1% milk is served to children that are 2 and above.
- Sugar sweetened beverages shall not be served.

# Lunch Palmetto Preschool-2024-June

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Turkey & Cheese Wrap Cooked Carrots Pineapple Milk	4 Chicken Sandwich Lima Beans Mixed Fruit Milk	5 Macaroni and Beef Green Beans Mandarin Oranges Milk	6 Chicken Quesadilla Corn Pears Milk	7 Pizza Mixed Veggies Applesauce Milk	8
9	10 Corn Dog Nuggets Green Beans Peaches Milk	11 Grilled Cheese Mixed Veggies Applesauce Milk	12 Spaghetti Corn Pears Milk	13 Cheeseburger Tater Tots Cucumbers w/ Ranch Milk	14 Pizza Bagels Mixed Veggies Applesauce Milk	15
16	17 Beef Ravioli Mixed Veggies Mandarin Oranges Milk	18 Chicken Nuggets French Fries Peas Milk	19 Mac – n- cheese Carrots w/Ranch Peaches Milk	20 Beef Tacos Corn Applesauce Milk	21 Fish Sticks Green Beans Pineapple Milk	22
23	24 Turkey & Cheese Wrap Cooked Carrots Pineapple Milk	25 Chicken Sandwich Lima Beans Mixed Fruit Milk	26 Macaroni and Beef Green Beans Mandarin Oranges Milk	27 Chicken Quesadilla Corn Pears Milk	28 Pizza Mixed Veggies Applesauce Milk	29
30						

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- Menu subject to availability
- Only unflavored whole milk is served to children under 2 years old; Only unflavored skim or 1% milk is served to children that are 2 years old and above.
- Sugar sweetened beverages shall not be served.
- Sweet foods are served no more than two times per week.

# Snack Palmetto Preschool-2024-June

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Cucumbers Cheese Stick	4 Pretzels Cheese Cubes	5 Carrots w/ Ranch Crackers	6 Cheese Stick Fruit	7 Goldfish Fruit	8
9	10 Cheerios Yogurt	11 Crackers Cheese	12 Animal Crackers Fruit	13 Goldfish Fruit	14 Pretzels Cheese Cubes	15
16	17 Cereal Bar Yogurt	18 Cheese Stick Fruit	<b>19 CLOSED</b>	20 Vanilla Wafers Pudding	21 Crackers Cheese	22
23	24 Cucumbers Cheese Stick	25 Pretzels Cheese Cubes	26 Carrots w/ Ranch Crackers	27 Cheese Stick Fruit	28 Goldfish Fruit	29

- Each meal and snacks as planned on this menu meets the nutritional requirements according to the USDA Child Care Food Program Guide Lines.
- Menu subject to availability
- Only skim or 1% milk is served to children that are 2 and above.
- Sugar sweetened beverages shall not be served.