

# Breakfast Palmetto Preschool-2021-May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 English Muffin Fruit Milk	4 Cereal Fruit Milk	5 French Toast Sticks Fruit Milk	6 Toast Fruit Milk	7 Bagel Fruit Milk	8
9	10 Toast Fruit Milk	11 Cereal Fruit Milk	12 Waffles Sticks Fruit Milk	13 Cereal Bar Fruit Milk	14 Blueberry Muffin Fruit Milk	15
16	17 Biscuit Fruit Milk	18 Cereal Fruit Milk	19 Pancakes Fruit Milk	20 English Muffin Fruit Milk	21 Cereal Bar Fruit Milk	22
23	24 English Muffin Fruit Milk	25 Cereal Fruit Milk	26 French Toast Sticks Fruit Milk	27 Toast Fruit Milk	28 Bagel Fruit Milk	29
30	31  <b>CLOSED</b>					

- Each meal and snack as planned on this menu meets the component requirements according to the USDA Child Care Food Program Guide Lines.
- Menu subject to availability
- Only unflavored whole milk is served to children under 2 years old.
- Only unflavored skim or 1% milk is served to children that are 2 years old and above.
- Sugar sweetened beverages shall not be served.
- Sweet foods are served no more than two times per week.



# Lunch Palmetto Preschool-2021-May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Corn Dog Nuggets Green Beans Peaches Milk	4 Grilled Cheese Mixed Veggies Applesauce Milk	5 Spaghetti Corn Pears Milk	6 Cheeseburger Tator Tots Cucumbers w/ Ranch Milk	7 Fish Sticks Cooked Broccoli Mixed Fruit Milk	8
9	10 Beef Ravioli Mixed Veggies Mandarin Oranges Milk	11 Chicken Nuggets French Fries Peas Milk	12 Mac - n- cheese Carrots w/Ranch Peaches Milk	13 Beef Tacos Corn Applesauce Milk	14 Pizza Quesadilla Green Beans Pineapple Milk	15
16	17 Meatloaf Mashed Potatoes Pears Milk	18 Chicken Sandwich Corn Mixed Fruit Milk	19 Macaroni and Beef Green Beans Mandarin Oranges Milk	20 Turkey & Cheese Wrap Cooked Carrots Pineapple Milk	21 Pizza Mixed Veggies Applesauce Milk	22
23	24 Corn Dog Nuggets Green Beans Peaches Milk	25 Grilled Cheese Mixed Veggies Applesauce Milk	26 Spaghetti Corn Pears Milk	27 Cheeseburger Tator Tots Cucumbers w/ Ranch Milk	28 Fish Sticks Cooked Broccoli Mixed Fruit Milk	29
30	31 <b>CLOSED</b>					

- Each meal and snack as planned on this menu meets the component requirements according to the USDA Child Care Food Program Guide Lines.
- Menu subject to availability
- Only unflavored whole milk is served to children under 2 years old; Only unflavored skim or 1% milk is served to children that are 2 years old and above.
- Sugar sweetened beverages shall not be served.
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# Snack Palmetto Preschool-2021-May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Cheerios Yogurt	4 Crackers Cheese	5 Animal Crackers Fruit	6 Goldfish Fruit	7 Pretzels Cheese Cubes	8
9	10 Cereal Bar Yogurt	11 Cheese Stick Fruit	12 Graham Crackers Fruit	13 Vanilla Wafers Pudding	14 Crackers Cheese	15
16	17 Cucumbers Cheese Stick	18 Pretzels Cheese Cubes	19 Carrots w/ Ranch Crackers	20 Cheese Stick Fruit	21 Goldfish Fruit	22
23	24 Cheerios Yogurt	25 Crackers Cheese	26 Animal Crackers Fruit	27 Goldfish Fruit	28 Pretzels Cheese Cubes	29
30	31 <b>CLOSED</b>					

- Each meal and snacks as planned on this menu meets the nutritional requirements according to the USDA Child Care Food Program Guide Lines.
- Menu subject to availability
- Only skim or 1% milk is served to children that are 2 and above.
- Sugar sweetened beverages shall not be served.